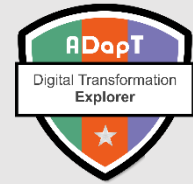# Training Overview

Agile-ADapT® EXPLORER

Agile-ADapT is a principle-driven model for continuous business transformation. By aligning organizational purpose with customer needs and treating innovation as a catalyst for change, organizations can stay relevant in a rapidly evolving digital world. The model is structured around 9 Guiding Principles that span strategy, innovation, and the development and delivery of products and services.

Course Overview

This 2-day (or 14 hrs equivalent) course introduces participants to the fundamentals of Agile-ADapT and the core concepts of digital business transformation. Trainees will explore the model's structure, understand how the Guiding Principles address common transformation challenges, and learn to distinguish between change and true transformation. The course highlights the strategic role of innovation and equips participants to engage meaningfully in transformation efforts.

Participants will receive pre-study materials to support learning and maximize class time.

Learning Objectives

- ✓ Understand the purpose of digital business transformation
- ✓ Familiarize with the structure and phases of ADapT
- ✓ Explore the nine Guiding Principles
- ✓ Clarify and connect organizational purpose with transformation
- ✓ Differentiate the five Innovation Types
- ✓ Embrace and prioritize customer-centric innovation
- ✓ Understand the Innovation Sprint Framework
- ✓ Recognize the importance of refining business models
- ✓ Begin developing a transformation mindset

Who should attend?

- ✓ **Leaders Driving Change** – Executives, business unit heads, and sponsors seeking strategic clarity and adaptability
- ✓ **Strategy, Innovation & Digital Teams** – Professionals focused on aligning transformation with customer value
- ✓ **Change, Agile & Transformation Practitioners** – Agile coaches, enterprise architects, and change agents
- ✓ **Enablers of Culture & Capability** – HR leaders, L&D professionals, and team managers shaping transformation culture
- ✓ **Transformation Consultants**

Assessment & Certification

Participants who complete the official course will receive a **free exam attempt** for the *Agile-ADapT EXPLORER Certification*.

- Format: 1-hour, online, 40 multiple-choice questions
- Passing score: 85%
- Successful candidates will be awarded and registered as **Agile-ADapT EXPLORER certified**.

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