Training Overview

Agile-ADapT® PRACTITIONER



The Agile-ADapT Practitioner course builds upon the foundational knowledge gained in the EXPLORER course. It prepares professionals to lead real transformation initiatives with confidence, precision, and purpose. Focused on applied learning, the course equips participants with in-depth understanding of the Agile-ADapT model, its tools, and the practical techniques needed to navigate complex, context-specific transformation efforts.

Training Overview

This 2-day hands-on (or 14 hrs equivalent) course is designed for professionals actively involved in leading or supporting live transformations. Over the duration of the program, participants consolidate their understanding of Agile-ADapT's phases and Guiding Principles while gaining practical experience through immersive, scenario-based exercises. The training emphasizes execution—enabling participants to interpret strategy, facilitate innovation, and deliver real business value through structured transformation practices. Participants will work in peer groups to apply concepts to case-based simulations, guided by a certified trainer who ensures relevance to participants' own contexts. Pre-study material is provided to enable focused, high-impact classroom learning.

Learning Objectives

- ✓ Deepen understanding of Agile-ADapT's structure, cycles, and principles
- ✓ Translate strategic intent into actionable transformation initiatives
- ✓ Apply tools and techniques across the EXTRACT, EXPLORE, and EXPAND phases
- ✓ Facilitate customer-centric innovation using the Innovation Sprint Framework
- ✓ Prioritize and shape innovation portfolios using Guiding Principles
- ✓ Use story mapping, job-to-be-done thinking, and transformation canvases effectively
- ✓ Design and guide adaptive delivery structures in complex environments
- ✓ Navigate organizational resistance and coach toward mindset and culture shifts
- ✓ Lead or support real-time, context-specific transformation programs

Who should attend the training?

- √ Transformation Leaders Professionals responsible for driving enterprise-wide change
- ✓ Strategic Practitioners Coaches, consultants, product owners, and change agents guiding teams through transformation
- ✓ Innovation & Delivery Experts Those leading innovation, service design, and delivery initiatives using agile methods and frameworks
- ✓ Internal Enablers HR, L&D, or operations leads seeking to embed transformation into their organization's fabric

Assessment & Certification

Successful completion of the course includes access to the Agile-ADapT PRACTITIONER Certification:

- Format: 90-minute online exam with scenario-based essay questions and Multiple Choice
- Passing score: 85%

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